

Tacos w/ Sour cream,

 cheese, salsa,

olives and lettuce

Refried Beans

Pineapple

Milk

***A Reminder to all families:***

*All meals are free to all students for the 2023-2024 School Year.*

**We encourage your child to try school meals even if they bring meals from home!**

**Turkey & Cheese, Sun butter & Jelly or Cheese Sandwich available everyday.**

Menu Subject to change without notice

Maine Harvest of the Month: Maine Protein

Pulled Pork Sandwich’s

Coleslaw

Tropical Fruit

Veggies

Milk

**No School**

***Half Day – Bagged Lunch***

Turkey & Cheese Sandwich

Baby Carrots w/ Ranch

Apples

Bagged Popcorn

Treat

***National Chicken Soup Day!***

Evelyn’s homemade Chicken Noodle Soup

Grilled Cheese

Fruit

Veggies

Chop Suey

Garlic Bread

Corn

Blueberries

Sweet and Sour Meatballs

(Sauce on the side.)

Rice

Green Beans

Fruit

Milk

***National Oreo Day***!

Chicken Patty Sandwiches

Seasoned Potato Wedges

Fruit and veggies

Pudding cups with crushed Oreos

Cheese or Pepperoni Pizza

Onion Rings

Fruit

Veggies and Dip

**MARCH 2024**

Bowdoinham & Bowdoin Central School Elementary

***Maine Protein Day!***

French Toast

Maine Made Sausage Links

Cucumbers

Applesauce

Milk

Hamburger/ Cheeseburger

or Veggie Burger

Emoji Fries

Steamed Broccoli

Milk

Fruit

Make Your Own Ham Italians

Olives, Tomatoes, Pickles,

and Lettuce

Fruit Cocktail

Milk

Fish Filet Sandwich

Tater Tots

Beans

Fruit

Veggies

Milk

Good Crust Pazzo Bread

Ceasar Salad

Roasted Ranch Garbanzo Beans

Fruit

Milk

***National***

 ***“Something on a Stick Day!”***

Sausage and pancake stick

Hashbrowns

Bananas

Veggies

Milk

***National Waffle Day!***

Chicken Nuggets & Waffles

Pineapple

Honey Carrots

Milk

Turkey Burgers

Sweet Potato Fries

Peaches

Milk

**Chef’s Choice**

***Maine Protein Day!***

Turkey Club – Lettuce, tomato and made produced Bacon

Pasta Salad

Raw Broccoli

Fruit

***New Recipe –***

Chicken Pot Pie Bowl

Cranberry Sauce

Salad Bar

Milk

Hotdogs in a bun

Chips

Baked Beans

Fruit

Milk